



LOVING PLANET WHOLE FOOD

194 PANDAN LOOP #07-11 PANTECH BUSINESS HUB S(128383) TEL: (65) 6775 5469 FAX: (65) 6775 5479

Organic Cold Milled Flax Seed

有机冷磨亚麻籽 (片状)

- Cold Milled 冷磨
- High Fibre 高纤维
- OMEGA 3 欧米加3脂肪酸
- OMEGA 6 欧米加6脂肪酸
- Cholestrol Free 不含胆固醇
- Trans Fat Free 不含反式脂肪
- Certified Organic 有机认证
- Product of Canada 加拿大产品



营养成分 Nutrition Facts

每2汤匙 per 2 tablespoons (15.2g)	每日摄入量 Daily Value
热量 Calories	80
脂肪 Fat	4.0g 8%
饱和脂肪 Saturated Fat	1.0g 2%
反式脂肪 Trans Fat	0.0g 0%
多不饱和脂肪 Polyunsaturated	4.0g 8%
欧米加3脂肪酸 Omega-3	0.9g
欧米加6脂肪酸 Omega-6	0.9g
胆固醇 Cholesterol	0.0g 0%
钠 Sodium	0.0mg 0%
钾 Potassium	10.0mg 0%
碳水化合物 Carbohydrate	4.0g 8%
纤维 Fibre	4.0g 8%
可溶性纤维 Soluble Fibre	1.0g 2%
不可溶性纤维 Insoluble Fibre	3.0g 6%
糖 Sugar	0.0g 0%
蛋白质 Protein	4.0g 8%
维生素 A Vitamin A	0.0%
维生素 C Vitamin C	0.0%
钙 Calcium	0.0%
铁 Iron	0.0%
磷 Phosphorus	0.0%
镁 Magnesium	0.0%
锌 Zinc	0.0%
铜 Copper	0.0%

- ✓高纤维 High Fibre
- ✓欧米加3脂肪酸 OMEGA 3
- ✓不含胆固醇 Cholesterol Free

Our nutritional dense milled flaxseed supports and balanced a richness and a fullness lifestyle to you daily. It taste fabulous and great with cereal porridge, yoghurt, salads, smoothies and even in baking.

Net Weight 425g

Pro-Cert
1-1 Product of Canada
Loving Planet Whole Food
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Established Since 2011

Exp Date: 29 NOV 2011